SUNDAY SCHOOL TO GO

THE ARMOR OF GOD

COMMUNITY REFORMED CHURCH, SIOUX FALLS
MARCH 22, 2020
Paul was in a prison in a city called Rome. He hadn’t done bad things to get put in prison. Instead, he was in prison for telling people about Jesus. He knew from his experience that being a Christian wasn’t always easy and he wanted to send a good word to his friends. He was writing to the church in Ephesus and he used something they would understand to teach them about the battle against evil. They lived at a time where they would have seen soldiers in armor. This letter would help them understand a different kind of battle, a battle against evil. His letter was written in a different time but was given to us and helps us. We also need the full armor of God. Jesus has already won the battle against evil and God’s armor gives us everything we need.

**THE BIBLE TELLS US TO BE STRONG IN THE LORD!**

If we put on the armor of God, we can stand safely against anything the devil tries to do to harm us or his nasty tricks. We aren’t fighting against other people, but we are in a much bigger battle. We aren’t supposed to be strong by ourselves. We are to be strong in the Lord!

The armor works because even though evil is strong, God is so much stronger! We stand firm! First, we put on the belt of truth and buckle it tight around our waist. The breastplate of Righteousness covers our chest and heart. Righteousness comes from Jesus. We are always ready because on our feet, we wear God’s word, the gospel truth, full of peace and love! We wear all of that armor and carry a very special shield of faith. That shield protects us from the attacks of the devil that could wear us out or hurt us. Faith protects us and reminds us that the Bible is true and that God loves us and takes care of us. The evil one has no arrows that can go through the shield of faith!

On our heads we carefully place a helmet of salvation. God has saved us. Jesus did the work on the cross and that means we can be protected by the helmet of salvation. In our hand we carry the sword of the Spirit. The Holy Spirit works in us, around us, and through us and the Word of God is powerful.

Even with all of that armor, we still need to pray all the time! We can pray in every situation and for other people.

We fight this battle with all of the tools and protection we need because Jesus already won the war.
R E M E M B E R , G O D  L O V E S  Y O U !

C O M M U N I T Y  R C .  O R G

T A L K  A B O U T  I T

When in your life did you notice God’s Armor protecting you. When do you think you might need it today and in the future?

What does it mean to "stand firm?"

Why does God give us armor?

Talk about each piece of the Armor of God individually. What do you love most about each part?

What are some of the nasty tricks the devil uses?

What are some times people wear other special gear? Firefighters? SCUBA divers? Police? Nurses? Baker or Chef? Welder? What would happen if they forgot?

S N A C K

Make your armor out of fruits, veggies, cheese, candy, crackers, chips, etc.

S C I E N C E

Need: 2 oranges, water, bowl
Put the two oranges in the water with their "armor" on (not peeled) and talk about how they are standing firm just like the Bible says. Peel a little of one of the oranges, talking about the different parts of the Armor of God and what life might look like without them. For example, without the belt of Truth we might forget how much God loves us! Between little pieces of peeling, put the orange in and watch what happens. What happens when there is no "armor" (peel) at all? God gives us great Armor to wear.

P L A Y

Grab your bike helmet, socks, a shirt or vest, a pool noodle or paper towel roll sword, a pillow shield, etc and make a relay. Set the timer and see how quickly the items can be put on.

P R A Y!

Focus on Jesus! Thank Him for the Armor and talk to Him about how you are using it and need it today. Spend some quiet time in God’s Presence. Don’t forget that Peace He gives us!

G E T  C R A F T Y

Cut your own armor from paper, cardboard, cereal boxes, or whatever you’ve got at home! Write on each one to remind you of God’s Armor.

M A K E  W O R D  A R M O R

Draw armor and fill it with the words Faith, Salvation...


### Tic Tac Toe

Take turns drawing lines between dots, when you make a box, add your initial. The player with the most boxes wins.

### Dots

Take turns drawing lines between dots, when you make a box, add your initial. The player with the most boxes wins.